

THE PAYCHEN SHOW

The Pay Chen Show is a weekly one-hour talk show on Newstalk 1010 that focuses on the interesting, the entertaining and sometimes the absurd. With guest experts and the occasional celebrity guest host, The Pay Chen Show explores a variety of lifestyle topics and timely issues.

Monday, 6 July 2015

Episode 102 - July 5, 2015

Comedian Ali Hassan co-hosts with Pay for the first hour of this extended show!
Pay's review of Magic Mike XXL and why she's not a pervert.

Nutritionist Lianne Phillipson-Webb (sproutright.com) shares picnic food tips, and why your low-fat food might make you fat.

Pay and Ali debate whether borrowing a bathing suit is like sharing underwear.

Chef Natalia Machado from the Argentinian steakhouse L'Atelier d'Argentine in Montreal, talks about creating a restaurant that is popular with women and the trend of Argentinian flavours.

Ecoholic and NOW magazine columnist Adria Vasil tells us what we should be aware of when it comes to dry-cleaning, and what those green or organic claims really mean. Plus, what do we need in our sunscreen and what are our best eco-friendly options?

And get ready for the \$125 Twinkie.

Posted by Pay Chen at 07:42 No comments:

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Labels: [Adria Vasil](#), [ali hassan](#), [Argentina](#), [comedian](#), [comic](#), [dry-cleaning](#), [ecoholic](#), [Ed Keenan](#), [Lianne Phillipson-Webb](#), [low-fat](#), [Natalia Machado](#), [Newstalk 1010](#), [NOW magazine](#), [nutrition](#), [Pay Chen](#), [picnic](#), [summer](#), [sunscreen](#)